



Laser & Skin Care Clinic

Client History

Today's Date \_\_\_\_\_

Office use: BD \_\_\_\_\_

Aspire \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_  Female  Male

Emergency Contact: \_\_\_\_\_ Phone Number: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_ Occupation \_\_\_\_\_

Packages purchased are non-refundable but are transferable to another procedure or product within the clinic.

YOUR CONCERNS?

Skin Type:

Form with checkboxes for Sun Damage, Redness, Scars, Acne, Excess fat or cellulite, Sagging skin, Veins, Skin Lesions, Wrinkles, Skin texture, Latisse, Unwanted hair, Preventative Medicine/Hormones, Hair Restoration, Stem Cells, PRP, Female/Male Rejuvenation, Breast Lift, Melasma, Permanent cosmetics/tattoo, Eyebrows, Eyeliner, Areola, Lightening, and Other.

ALLERGIES: Check if you have ever had an allergic reaction to any of the following and describe what happened below.
 NONE
Drugs \_\_\_\_\_
Foods (including eggs & milk): \_\_\_\_\_
Other allergies (including environmental): \_\_\_\_\_
Reaction: \_\_\_\_\_

List all medications, including supplements:

**SKIN:** Check all of the following that apply.

- History of skin cancer or pre-malignant moles: where/when \_\_\_\_\_
- Any keloid or hypertrophic scars - Location: \_\_\_\_\_
- Electrolysis, waxing, or laser hair removal  Use of sunlamp/tanning bed/suntan outdoors
- Ever had a chemical peel? Type:  Glycolic  Laser  TCA  Phenol  Jessner  Salicylic  Other
- Previous electrolysis, waxing, or laser hair reduction? \_\_\_\_\_ When? \_\_\_\_\_ Where? \_\_\_\_\_
- Previous laser vein reduction? Y N  Sclerotherapy (injection)
- Other active skin disorders? Psoriasis, eczema, rashes, vitiligo, herpes simplex, acne, or other
- Describe: \_\_\_\_\_

**FOREHEAD/EYES/EYEBROWS:** Check all of the following that apply.

- Contact lenses  Dry eyes  Eye makeup sensitivities  Scar
- Glaucoma  Lasik /eye surgery  Ptosis (eyelid droop)  Uneven Brows
- Alopecia  Pull out lashes/eyebrow compulsively (Trichotillomania)

Other eye disorders: \_\_\_\_\_

**GENERAL MEDICAL:** Check all of the following that apply.

- Diabetes  Heart Palpitations, pacemaker or defibrillator
- High blood pressure  Mitral valve prolapses or valve implants
- Thyroid abnormalities  Polycystic Ovarian Syndrome (PCOS)
- Taken Accutane within the last 6 months  Metal or implants in area to be treated
- History of Cancer  History of Botulism immunization/military
- Cold sores/fever blisters/herpes  Recent use of anti-malaria medications
- Asthma  Seizures
- Birth control or hormone replacement  Smoke? How long? \_\_\_\_\_
- Currently on blood thinners or anticoagulants such as Coumadin, aspirin, ibuprofen, alcohol, Vit. E, bruise easy or clotting disorder? \_\_\_\_\_
- Autoimmune or neuromuscular disorders - describe: \_\_\_\_\_
- Do you have a condition such as Hepatitis, HIV or undergoing treatment such as chemotherapy that could affect healing? \_\_\_\_\_
- Use of medications or herbs known to induce photosensitivity to light or use Retinal, Renova, Differin, Hydroquinone Fade cream: \_\_\_\_\_
- Current use of controlled substances - describe: \_\_\_\_\_

Please list any surgeries: \_\_\_\_\_

If you are currently under a physician's care for any condition, describe: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ City: \_\_\_\_\_ Phone: \_\_\_\_\_

**I have carefully reviewed this history and find it to be correct to the best of my knowledge.**

**Client Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## Skin Type Worksheet

**\*THIS INFORMATION IS REQUIRED FOR SKIN ANALYSIS\***

Your Ethnicity: \_\_\_\_\_

Score	Analysis	0	1	2	3	4
	What is the color of your eyes?	Light Blue, Grey, or Green	Blue, Grey, or Green	Blue	Dark Brown	Brownish Black
	What is the natural color of your hair?	Sandy Red	Blond	Chestnut or Dark Blond	Dark Brown	Black
	What is the color of your skin in unexposed areas?	Reddish	Very Pale	Pale with Beige Tint	Light Brown	Dark Brown
	Do you have freckles on sun-exposed areas?	Many	Several	Few	Incidental	None
	What happens when you stay in the sun for too long?	Painful redness and blistering followed by peeling	Blistering followed by peeling	Burn, sometimes followed by peeling	Rarely Burn	Never Burn
	To what degree do you turn brown?	Hardly or not at all	Light colored tan	Reasonable tan	Tan very easily	Turn dark brown quickly
	Do you turn brown several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always
	How does your face respond to the sun?	Very sensitive	Sensitive	Normal	Very resistant	Never a problem
	When did you last expose yourself to the sun, tanning bed, or tanning cream?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than 1 month ago	Less than 2 weeks ago
	Do you expose the area to be treated to the sun?	Never	Hardly ever	Sometimes	Often	Always
<b>TOTAL:</b>	Score	Skin Type				
	0-7	I				
	8-16	II				
	17-25	III				
	25-30	IV				
	Over 30	V-VI				